

# San Juan Island Food Access Resource Guide

## CHILDREN

### 36 Weekends

Food for the weekends delivered on Thursdays year-round. Children eligible for free & reduced school meal program.  
[sjiweekends.org](http://sjiweekends.org)  
360-378-5246

### SJI School Meal Program

Breakfast & lunch for K-12. Free & reduced school meal program.  
360-378-4133

### Summer Nutrition Program

Provides weekday box of breakfast & lunch food for children over the summer. Free & reduced school meal program.  
360-378-4640

## FAMILIES

### WIC

A nutrition program to help access healthy foods & other support services for young families. Pregnant, breastfeeding women, infants, children <age5.  
360-378-4474

**Farmers Market Nutrition Program**  
Provides FMNP benefits for buying produce at the Farmers Market. Seniors & women enrolled in WIC.  
360-378-4474

## SENIORS

**Community Meals**  
Meals on Mondays and Wednesdays at the Mullis Center. Seniors age 60+, disabled adults, \$5 and \$10 suggested donation.  
360-370-7526

**Meals on Wheels**  
Home delivered meals on M,W,F. Homebound seniors age 60+, \$5 suggested donation.  
360-370-7526

## ALL AGES

**Farmers Market**  
Accepts WIC, FMNP and Fresh Bucks (\$20- 40 match for EBT eligible foods). Open to the public; FMNP, WIC, & Fresh Bucks clients  
[sji farmersmarket.com](http://sji farmersmarket.com)  
360-524-3907

**Food Bank**  
Wed. 11:30-2pm, Thurs. 12-2pm for online pick-up. Sat. 11:30-2pm. Open to the public.  
[fridayharborfoodbank.weebly.com](http://fridayharborfoodbank.weebly.com)  
360-378-4640

**Food Co-op**  
Local, regional, organic & sustainable food sources; accepts Produce Match. Open to the public.  
[sanjuancoop.com](http://sanjuancoop.com)  
360-370-5170

**San Juan Islands Food Hub**  
Online marketplace of locally grown/produced food; accepts SNAP. Open to the public.  
[sji fh.com](http://sji fh.com)

**Fresh Bucks**  
U\$20-\$40 off EBT eligible food at the farmers Market. Anyone who is at or below 200% of Federal Poverty.  
[jlsfrc.org/assistance/nutrition-faq/fresh-bucks](http://jlsfrc.org/assistance/nutrition-faq/fresh-bucks)  
360-378-4474

**Produce Match**  
EBT match program providing \$5 discount when you buy \$10 worth of fruits and vegetables at SJ Co-op. People enrolled in SNAP/Basic Food.  
[doh.wa.gov/you-and-your-family/nutrition-and-physical-activity/health-eating/snap-match-programs](http://doh.wa.gov/you-and-your-family/nutrition-and-physical-activity/health-eating/snap-match-programs)

**Nourish to Flourish**  
Coalition to end hunger on San Juan Island. Anyone who is at or below 200% of Federal Poverty.  
[nourishtoflourishwa.org](http://nourishtoflourishwa.org)  
360-378-5246