





JOYCE L. SOBEL
Family Resource Center
CHANGING LIVES













2025 ANNUAL REPORT

25 YEAR ANNIVERSARY

25th ANNIVERSARY
JOYCE L. SOBEL Family Resource Center
SERVING SAN JUAN ISLANDERS FROM 2000-2025





In 2025, we had the joy of celebrating 25 years of the Joyce L. Sobel Family Resource Center. 25 years of showing up for island neighbors through challenges, milestones, and everyday moments. What began with Joyce Sobel's vision for a welcoming place where families could find support has grown into a wide range of programs serving children, teens, parents, caregivers, seniors, and community members across San Juan Island.

Our 25th birthday celebration at Brickworks was a beautiful reminder of just how much this community cares. The afternoon was filled with games, treats, screen printing with Alchemy Arts, kid karaoke and so many joyful moments shared together. We were completely overwhelmed by the warm and welcoming response, and we are deeply grateful to every volunteer, donor, musician, artist, partner, and neighbor who helped make the celebration so special.

JLSFRC's story has always been rooted in connection. As we look toward the next 25 years, we remain committed to Joyce's original vision: a community where every islander has the resources, support, and opportunities they need to be healthy, safe, and thrive. Thank you for being part of our story, we look forward to serving this community for the next 25 years!

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MISSION & VISION

Mission

The Joyce L. Sobel Family Resource Center provides resources, advocacy, help, and education for all islanders to be healthy, safe and productive.

Vision

We are a welcoming community where respect for human dignity means needs are met, and all have opportunities to contribute, thrive and reach their true potential.

Snapshot of 2025

In 2025, the Joyce L. Sobel Family Resource Center continued to grow its reach, strengthen community partnerships, and respond to the evolving needs of islanders. Major milestones included Homes For Islander's gift of the Price Street Building, a solar upgrade to improve JLSFRC's emergency preparedness, and the expansion of youth programs and staff capacity. Early childhood and family programs remained a major focus, with hundreds of families participating in outdoor playgroups, Baby/Toddler Storytime, Parent to Parent events, Kindergarten Kickoff, Trick or Book, and other community gatherings. Island Neighbors also provided steady support for older adults and neighbors in need, with volunteers helping with groceries, outings, home safety projects, light household tasks, pet care, and firewood deliveries. Across basic needs, children and families, health and wellness, and community support programs, JLSFRC continued to live its mission of providing resources, advocacy, help, and education so all islanders can be healthy, safe, and productive.













CHILD & FAMILY PROGRAMS

0-5 Programs

Getting little islanders off to a great start is at the heart of JLSFRC's mission. The center provided three weekly baby-toddler playgroup sessions, including an outdoor "Rain or Shine" group, a developmental support group and a literacy-focused group in collaboration with SJI Library. JLSFRC's individual and group support for new parents was another key piece of services.

461 Family Encounters

Free Family Events

Bringing young families together to explore, learn and celebrate is an important part of community-building for the next generation. JLSFRC's early childhood family events integrate fun, friendship and resource-sharing into child-friendly celebrations. 2025 events included a Trick-or-Book Halloween celebration and the first annual San Juan County Community Baby Shower.

440 Family Encounters

SJI Childcare Cooperative



JLSFRC's SJI Childcare Cooperative is helping to address a severe shortage of affordable local childcare for working families and building a supportive parenting community at the same time. The coop provided high quality, income-based childcare five days per week for babies and toddlers aged 3 months - 3 ½ years. Parent education is a key component of the program as well, thanks to a strong partnership with the Skagit Valley College Cooperative Preschool program.

Served 73 Families since 2021

Parents and Kids

Kindergarten readiness is a strong barometer of school success in years to come. The Resource Center's Kindergarten Transitions program provides individual home visits, parent support, informational resources and a community dinner for incoming kindergarten families to get to know one another and learn about school routines. A strong partnership with the SJI School District ensures that families receive coordinated services that span both education and household needs.



103 Children

220

family encounters through P2P groups & events

321

households assisted through Household Essentials

114

family encounters in 0–3 outdoor drop-in playgroups

646

family encounters through storytime groups

335

family encounters through outdoor play groups

CHILD & FAMILY PROGRAMS - YOUTH

Screen Free Week

JLSFRC youth mentoring staff view screens and technology as tools. Like any tool, they require safety precautions, clear boundaries, and guidance. By offering screen-free activities with JLSFRC community partners, a venue is provided for families to create their own healthy boundaries around screen and technology use while engaging them in fun, educational, and community-oriented activities.



Mentoring



One-on-one mentoring provides youth with supportive relationships that help them thrive, explore their interests, and build confidence. Through weekly mentoring, youth are encouraged to discover both realized and unrealized strengths, while learning skills that support a stronger sense of self. JLSFRC consistently maintains 15–20 mentor/mentee matches, many of which extend beyond the initial year.

P2P & YAAS

JLSFRC's Parent to Parent and Young Adult Association of San Juan (YAAS) programs build community connectedness through acceptance, support, and peer relationships that engage the whole family. Group facilitators and members share the importance of mentorship and education in raising awareness around disability advocacy and accessibility. JLSFRC's staff also provide individual and family care navigation support, helping community members living with disabilities to find specialized resources on and off island.



First Generation Mentoring



Helping teens and young adults navigate life after high school is the focus of JLSFRC's First Generation College Student Mentoring program. Each year, first-generation students explore post-secondary options, plan for success, and receive mentoring toward their goals. Through check-ins, peer support and goal setting, students build life skills, access meaningful opportunities, and explore future pathways.

BASIC NEEDS

Transportation

Residing on an island comes with transportation challenges. In 2025, JLSFRC supported islanders' transportation needs on and off island, ensuring that those in need could safely reach critical appointments or get to work reliably. Through this support, JLSFRC helped reduce isolation and provided greater independence, stability, and access to essential services.

409 ferry tickets distributed

Housing

Finding and keeping affordable, stable housing remains a pressing challenge for San Juan Islanders. Housing assistance remained JLSFRC's most highly-sought service in 2025. The center's Housing Case Management program helped low-income islanders find appropriate rental housing, cover move-in costs or pay rent during times of financial emergency.

136 households, 223 individuals served

Household Essentials

For families and individuals struggling to make ends meet, access to cleaning and hygiene supplies brings better health and personal confidence. JLSFRC's Household Essentials program provides monthly allocations of critical items such as laundry soap, diapers, toothpaste and shampoo. Low-income families with young children and seniors on fixed incomes qualify for the program and are able to choose which items best meet their needs.

126 families served, 2,124 items distributed





Utilities

JLSFRC's utility assistance program helps ensure that local households are able to adequately heat their homes, keep the electricity on or pay the water bill. This busy program combines federal, state & local funding and resources to best meet the needs of each unique household - even including deliveries of firewood for islanders who rely on woodstoves to heat their homes.

108 households served

HEALTH & WELLNESS

Behavioral Health Support

Community Wellness

Thanks to strong partnership with SJ County Health & Community Services, JLSFRC's Community Wellness Program continued to provide low-barrier, affordable access to counseling, health insurance assistance and behavioral health case management to islanders of all backgrounds.

New Day Recovery Café

The Resource Center's New Day Recovery Cafe provides facilitated peer support, warm meals and life skills education in a welcoming, substance-free social setting. The cafe's mission is to support and encourage islanders through all phases of behavioral health recovery.

Aging and Disability

Island Neighbors

Growing older in a remote island community can present unique challenges. JLSFRC's Island Neighbors program provides trained volunteers to help island elders with companionship, errand-running and household tasks, to make it easier and safer to age-in-place. A new program component, the Sage Cafe, brought together more vulnerable seniors and their caregivers for a weekly lunch and conversation gathering, focusing on maintaining brain health and social connections through all phases of life.



Health Care Navigation

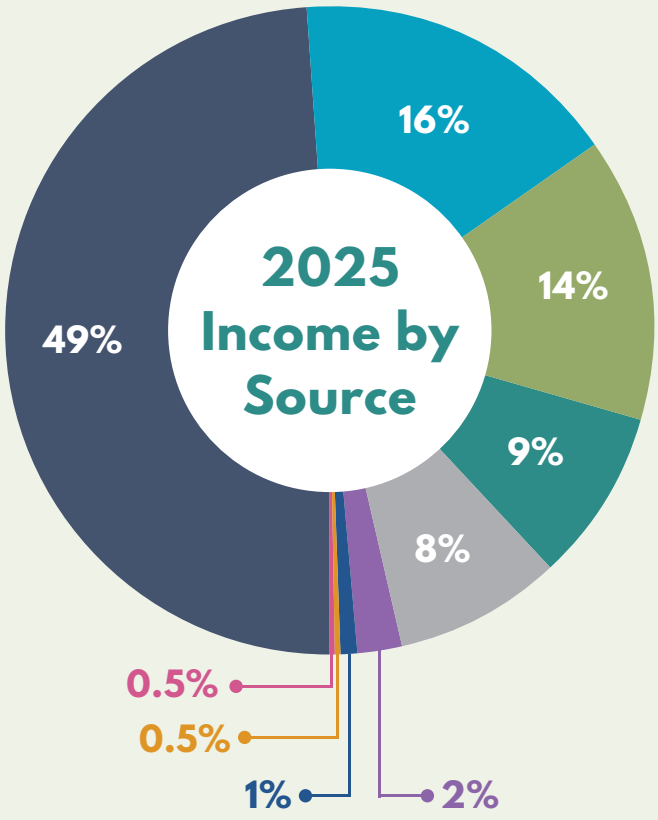
Community Health Workers

JLSFRC's Community Health Workers (CHWs) have specialized training to help community members navigate their healthcare needs. JLSFRC's five CHWs organized three "pop-up" preventative care clinics, connected islanders in need with critical diagnostic services, helped people navigate medical insurance, supported chronic disease management and conducted health & wellness activities. The program's bilingual capacity ensured that language was not a barrier to care.

SHIBA

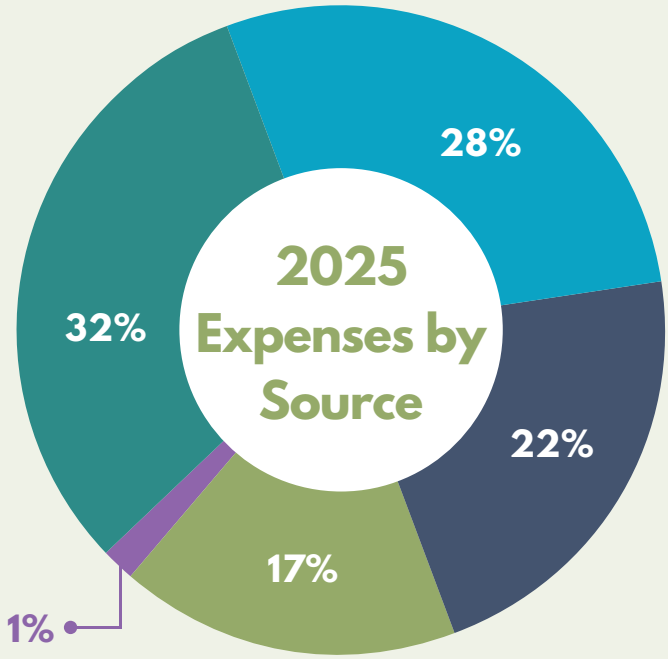
Our Resource Center is grateful to partner with the State Health Insurance Benefits Advisors (SHIBA) program by providing free office space and administrative support for San Juan Island's SHIBA advisors. Each year, the program's trusted advisors help community members navigate Medicare enrollment, free of charge. They offer guidance on key coverage options, prescription drug plans, and Medicare questions, helping islanders make informed decisions with confidence.

JLSFRC FINANCIALS



- HFI - Gift of Price Street Property
- Service Contracts
- Direct Public Support
- Government Grants
- Foundation Grants
- Program Income
- Investments
- United Way
- Other Types of Income

Total Income $3,553,850



- Programs for health and wellness
- Programs for children and families
- Administration
- Services to meet basic needs
- Fundraising

Total Expenses $1,968,691

BECOME A MONTHLY DONOR

Monthly giving is equally powerful. Recurring gifts help us plan ahead, sustain programs year-round, and respond quickly when neighbors need us most.

Visit *jlsfrc.org/donate* and select *"Monthly Gift"* — every dollar stays right here on San Juan Island.

DONATE TODAY